HCL

Winter Menu 26

● **WEEK 1:** 1 Sept, 21 Sept, 12 Oct, 2 Nov, 23 Nov, 14 Dec, 4 Jan, 25 Jan, 22 Feb, 15 Mar ● **WEEK 2:** 7 Sept, 28 Sept, 19 Oct, 9 Nov, 30 Nov, 11 Jan, 1 Feb, 1 Mar, 22 Mar ● **WEEK 3:** 14 Sept, 5 Oct, 16 Nov, 7 Dec, 18 Jan, 8 Feb, 8 Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EGG FREE	Pork Sausages & Gravy	Mexican Bean Burrito (v)	Roast Chicken with Stuffing & Gravy	Chicken Pie & Gravy	Fish Fillet Fingers
MAIN MEAL 2 EGG FREE	Sweet Potato & Chickpea Curry (Ve)	Mac 'n' Cheese (v)	Roast Quorn Fillet with Stuffing & Gravy (Ve)	Breaded Bean & Vegetable Grill (Ve)	Margherita Pizza (v)
SIDE DISH	Mashed Potatoes or Brown & White Rice	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Mashed Potatoes or Pasta	Chips or Tricolour Pasta
EGG FREE JACKET POTATO VARIOUS	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo
EGG FREE COLD OPTION VARIOUS	Salmon Mayo Baguette, Tuna Mayo Baguette, Cheese Baguette (v)	Cheese Baguette (v)	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v), Tuna Mayo Baguette
EGG FREE DESSERT	Oat & Raisin Cookie (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Apple Crumble & Custard (v)	Chocolate Brick Wall (Ve)

EGG FREE	Chicken & Sweetcorn Meatballs with Sweet & Tangy Sauce	Chicken Curry	Roast Beef & Gravy	Breaded Bean & Veg Grill in a Bun (Ve)	Battered Fish
MAIN MEAL 2 EGG FREE	All Day Breakfast (Ve)	Cheese Pinwheel (v)	Quorn Pieces & Gravy (Ve)	Veggie Bolognese (Ve)	Margherita Pizza (v)
SIDE DISH	Brown & White Rice or Potato Wedges	Brown & White Rice or Diced Potatoes	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Spaghetti	Potato Wedges or Tricolour Pasta
EGG FREE JACKET POTATO VARIOUS	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)	Salmon Mayo, Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo
EGG FREE COLD OPTION VARIOUS	Cheese Baguette (v), Tuna Mayo Baguette	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v)	Cheese Baguette (v), Tuna Mayo Baguette
EGG FREE DESSERT	Shortbread (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Pear & Chocolate Sponge & Chocolate Custard (v)	Jammy Cookie (Ve)

EGG FREE	Beef Bolognese	Vegan Quorn Sausage Hot Dog (Ve)	Roast Chicken with Stuffing & Gravy	Beef Burger	Fish Fillet Fingers
MAIN MEAL 2 EGG FREE	Vegan Quorn Sausage & Gravy (Ve)	Roasted Veg Pasta Bake (v)	Beany Pasta Bake (Ve)	Baked Bean Slice (Ve)	Margherita Pizza (v)
SIDE DISH	Spaghetti or Potato Wedges	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Pasta	Chips or Tricolour Pasta
EGG FREE JACKET POTATO VARIOUS	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo
EGG FREE COLD OPTION VARIOUS	Cheese Baguette (v), Tuna Mayo Baguette	Cheese Baguette (v)	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v), Tuna Mayo Baguette
EGG FREE DESSERT	Fresh Fruit Wedges (Ve)	Orange Shortbread (Ve)	Fresh Fruit Jelly (Ve)	Apple Charlotte Pudding & Custard (v)	Chocolate Raisin Cookie (Ve)

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A variety of fruit, vegetables and salads are served daily.

V = Vegetarian Ve = Vegan